



# 2024

## ADVENTIST HEALTH SIMI VALLEY

IMPLEMENTATION  
STRATEGY  
Year Two  
Period: 1/1/24 –  
12/31/24

Community Health  
Plan Update, FY 2024



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# 2022 CHNA Top Identified Health Needs

## Prioritized Health needs – planning to address

- Mental Health
- Health Conditions
- Access to Care

In this Community Health Plan Update, FY 2024, you will find strategies, tactics and partnerships that worked to address the health needs as identified in the 2022 Adventist Health Simi Valley community health needs assessment.

## Community Health Implementation Strategy 2022-2025

The high priority needs are addressed in the community health implementation strategy and are reported on yearly basis through the Annual Community Health Plan Update. This is year one of a three-year strategy to improve the health of our community. We invite you to learn about the actions, activities and programs that have been implemented in 2024.

In addition to the work identified in the Ventura County Community Health Improvement Collaborative (VCCHIC) contained in this report, Adventist Health Simi Valley is actively engaged in other projects which directly impact our community well-being that we implement, measure outcomes and report to the Mission Sub-Committee. These include: Community Presence through grants, events and sponsorships.

### Youth

1. Empathy program funding for Simi Valley Unified School District
2. Partnership with Moorpark College
3. Athletic trainers and clinical oversight at five local high schools
4. Create education and support network for students and families to navigate issues
5. Opportunity to incorporate social work support
6. Healthy Kids Fun Zones at community events
7. Every 15 Minutes and Not One More education events; hosting, funding, facilitating
8. Foster Youth – Aging out of the foster system puts teens at higher risk of being trafficked, using drugs and alcohol, criminal behavior, homelessness and suicide
9. Human trafficking awareness, events and prevention

### Aging Adults

1. Caregiver support program and care navigation
2. Senior Center collaborations
  - a. Expand financial planning and counselling resources
  - b. Senior Wellness Expo
  - c. Fall Prevention
3. Senior Concerns collaborations
  - a. Caregiver support events and groups
4. Parks and Recreation collaborations for senior health and well-being

### Heart Health

1. AHA Partnership and Events
2. Blood Pressure Education Campaign
3. Heart Disease Prevention
4. 2-Step Hands Only CPR Education and Training

### Substance Abuse and Mental Health

1. CA Bridge Substance Use Navigation Program
2. Stigma reduction education
3. Community outreach and education events
4. Distribution of Narcan

### Cancer

1. Support Groups
2. Care Navigator Program
3. Education and Prevention Classes

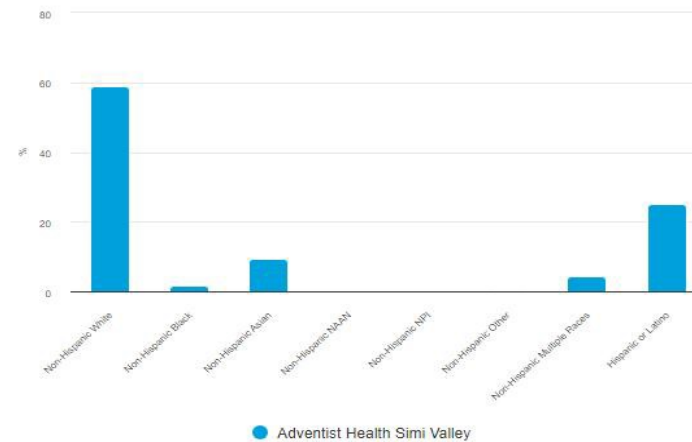
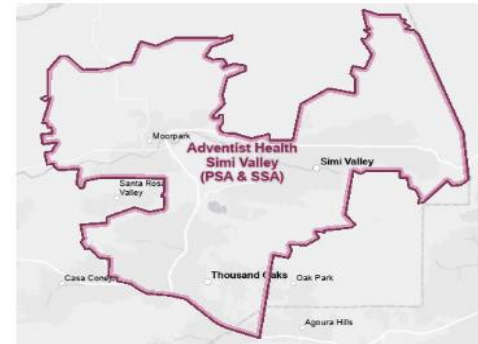
### Community Presence Grants, Events and Sponsorships

- 20+ events each year

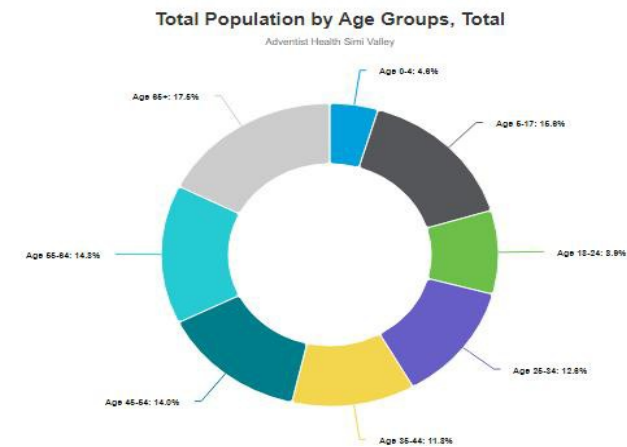
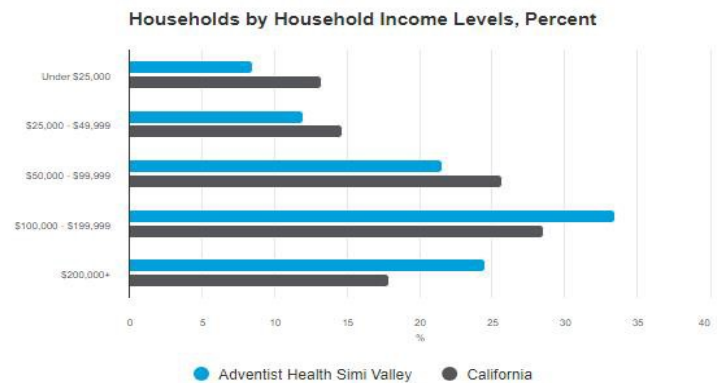
# Who Adventist Health Simi Valley (PSA & SSA) Cares For

## Demographic Profile

The Adventist Health Simi Valley market is located in the state of California. The market has a total population of 246,022 (based on the 2020 Decennial Census). The largest city in the service area is Thousand Oaks city, with a population of 126,522. The service area is comprised of the following ZIP codes: 93065, 91362, 91360, 93021, 93063.



Note: NAAN = Native American or Alaska Native, NPI = Native Hawaiian or Pacific Islander.



# About Us

## Adventist Health

Adventist Health is a faith-inspired, nonprofit integrated health system serving more than 80 communities on the West Coast and Hawaii. Founded on Adventist heritage and values, Adventist Health provides care in hospitals, clinics, home care agencies, hospice agencies and joint-venture retirement centers in both rural and urban communities. Our compassionate and talented team of 34,000 includes associates, medical staff physicians, allied health professionals and volunteers driven in pursuit of one mission: *Living God's love by inspiring health, wholeness and hope.* Together, we are transforming the American healthcare experience with an innovative, yet timeless, whole-person focus on physical, mental, spiritual and social healing to support community well-being.

## Adventist Health Simi Valley

Adventist Health Simi Valley was founded in 1965 by a group of dedicated community members who had a vision to build a hospital in the towns of Santa Susana and Simi Valley. Today, all of us at Adventist Health Simi Valley share that same vision of progress and growth as well as a passion to provide excellent care and service.

As a faith-based hospital founded on the health and wellness principles of the Seventh-day Adventist Church, we are committed to providing Simi Valley, Moorpark and surrounding communities with the finest medical care. We believe that our Christian-based mission to treat the whole person-mind, body and spirit-makes the difference.

Today, Adventist Health Simi Valley offers a wide range of patient care services including:

- Cancer Navigation Program
- Care Transitions and Caregiver Support Program
- Center of Excellence in Robotic Surgery
- Childhood Development Center
- Emergency Department Care
- Level 2 NICU / Mother-Baby Care
- Moorpark Urgent Care Center and Specialty Clinic
- Nancy Reagan Breast Center
- Spine and Orthopedic
- STEMI Receiving Center
- Stroke Center of Excellence
- Substance Use Navigation Program (CA Bridge)

*At-a-Glance*

# COMMUNITY HEALTH IMPLEMENTATION STRATEGY VENTURA COUNTY



## ADDRESSING

### MENTAL HEALTH AND SUBSTANCE USE ACROSS THE LIFESPAN



**GOAL:** Increase access to mental health and substance use related services in Ventura County

**STRATEGY:** Expand reach of mental health and substance use prevention programs and measures lessons



## PREVENTION OF CHRONIC CONDITIONS BY PROMOTING HEALTHY LIFESTYLES



**GOAL:** Address some of the social determinants of health (SDOH) that contribute to chronic conditions and inhibit healthy lifestyles in Ventura County

**STRATEGY:** Promote an environment conducive to both physical exercise and increased access to healthy foods.



## ADVANCING EQUITABLE ACCESS TO HEALTHCARE



**GOAL:** Expand access to preventative care services to reduce the need for emergency visits in Ventura County

**STRATEGY:** Develop and implement health equity conscious policies and programs to expand preventative care service availability and accessibility in Ventura County.

# DESCRIPTION OF THE COMMUNITY SERVED

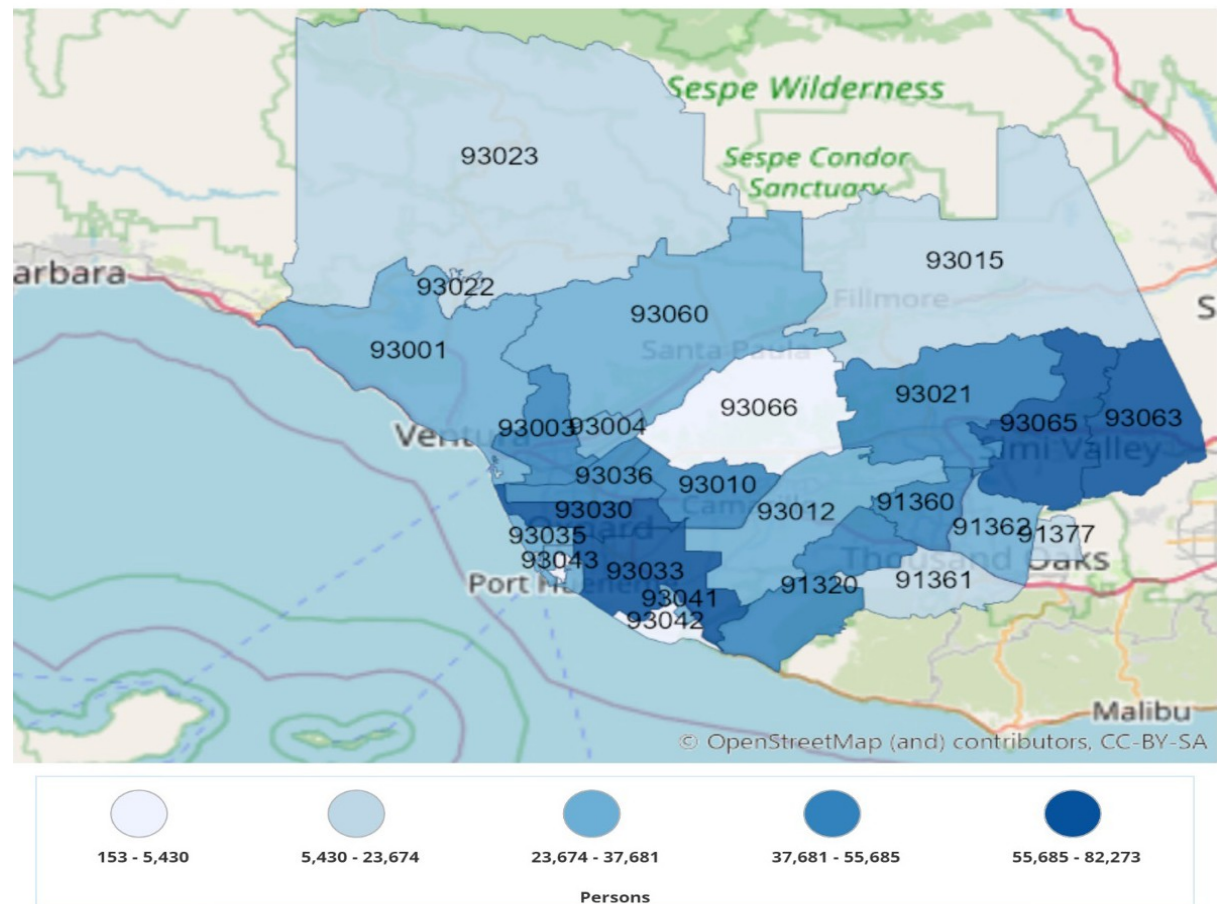
## Community Definition and Description

In this document, community is defined as the resident population within the hospital's service area. Committed to addressing health disparities and serving communities with impactful solutions that leverage shared resources and coordinate care, the health agencies that make up the VCCHIC have come together in defining their service area as the County of Ventura.

Located in Southern California, Ventura County has a land area of 1,843.1 square miles which encompasses 10 cities, 23 census-designated places, and 15 other unincorporated communities. According to 2022 Claritas Pop-Facts, Ventura County has a population of 842,465 and is the 13th largest county in terms of population. Figure 1 illustrates the population size in Ventura County by zip code. The most populated zip codes are 93033 (Oxnard), 93065 (Simi Valley), 93030 (Oxnard), and 93063 (Simi Valley) with population totals of 82,273; 74,289; 60,815; and 55,685 respectively. Additional details describing the community in Ventura County, including demographics and social and economic determinants of health, can be found in the CHNA report on the Health Matters in Ventura County website at <https://www.healthmattersinvc.org/>.

FIGURE 1 POPULATION OF VENTURA COUNTY BY ZIP CODE

Data Source: Claritas



May 19, 2022

[www.healthmattersinvc.org](https://www.healthmattersinvc.org)



# FINDINGS FROM THE 2022 CHNA

VCCHIC conducted its 2022 Community Health Needs Assessment (CHNA) between January and June 2022. The purpose of the CHNA was to identify and prioritize the significant health needs of the community.

## Methods for Identifying Community Needs

Primary Data included more than 15 focus groups including represented and vulnerable populations of Focus group participants included persons from the black community, monolingual Hispanic or Latino Spanish speakers, older adults, LGBTQIA+ persons, students, and those accessing mental health and substance use treatment services among others. In collaboration with California State Channel Islands University and Pacifica High Primary Data Collection School in Oxnard, CA, VCCHIC was also able to receive input from local high school and college students about the issues impacting them.

## Summary of Findings

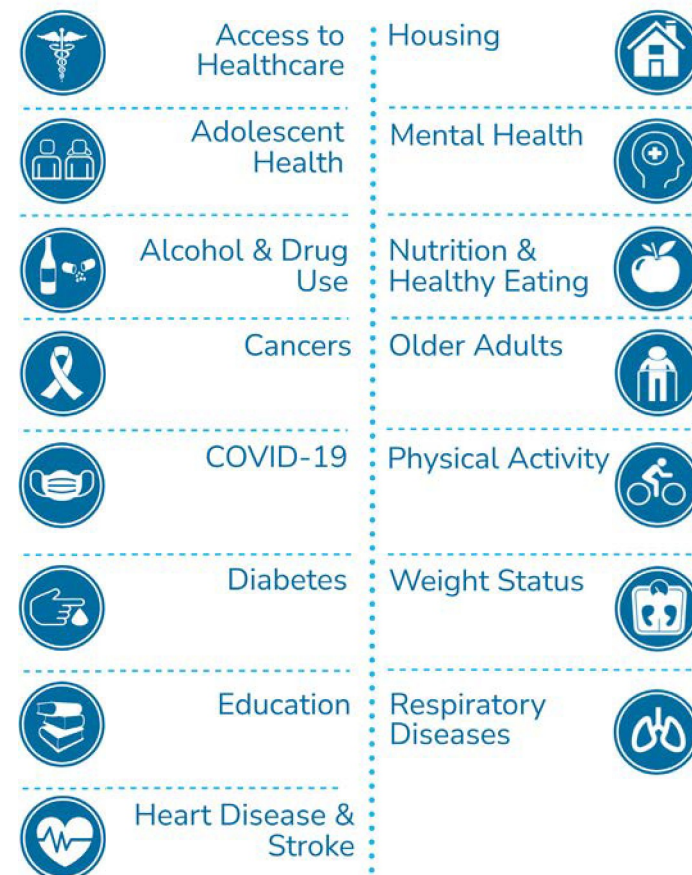
Health needs were determined to be significant if they met the following criteria:

- Secondary data analysis: top 10 health needs as ranked by HCI's Data Scoring Tool
- Survey analysis: identified by 25% or more of respondents as a priority issue
- Qualitative analysis: frequency topic was discussed within/across focus groups
- Life expectancy data: analysis of leading causes of death, leading causes of premature death and all-cause mortality

Through this criteria, fifteen needs emerged as significant. Figure 2 illustrates the final 15 significant health needs, listed in alphabetical order, that were included for prioritization based on the findings of all forms of data collected for the VCCHIC 2022 CHNA.

VCCHIC convened a group of community leaders to participate in a presentation of data on the 15 significant health needs. Following the presentation, participants engaged in a discussion and were asked to complete an online prioritization activity.

FIGURE 2. SIGNIFICANT HEALTH NEEDS





## Process and Criteria

The online prioritization activity included two criteria for prioritization:

- Magnitude of the Issue
- Ability to Impact

Participants assigned a score of 1-3 to each health topic and criterion, with a higher score indicating a greater likelihood for that topic to be prioritized. Numerical scores for the two criteria were then combined and averaged to produce an aggregate score and ranking for each health topic.

## Prioritization Results

After discussing the results of the prioritization process, the VCCHIC founding members agreed to include each of the 15 significant health needs as subtopics to three prioritized significant health needs. The three priority health needs are shown in Table 1.

### Prioritized Significant Health Needs

The first prioritized significant health need, Addressing Mental Health and Substance Use Across the Lifespan included Adverse Childhood Experiences (encompassing Adolescent Health, Substance Use, Housing Overcrowding and Education) and Health and Wellness for Older Adults. The second prioritized

significant health need, Prevention of Chronic Conditions by Promoting Healthy Lifestyles, includes chronic disease related sub-topics like Diabetes, Cancer, Weight Status, Physical Activity, Heart Disease and Stroke and Nutrition and Healthy Eating. The third and final prioritized significant health need is Advancing Equitable Access to Healthcare.

TABLE 1 PRIORITIZED SIGNIFICANT HEALTH NEEDS

Addressing Mental Health and  
Substance Use Across the Lifespan

Prevention of Chronic Conditions  
by Promoting Healthy Lifestyles

Advancing Equitable Access to  
Healthcare





# Action Plan for Addressing High Priority Needs

The following pages reflect the goals, strategies, actions, and resources that Adventist Health Simi Valley provided in 2024 to address each selected High Priority Need.

|  |  |   |
|--|--|---|
| <b>GOAL</b> Increase access to mental health and substance use related services in Ventura County  |  |   |
| <b>Strategy:</b>   | Expand reach of mental health and substance use prevention programs and measures.                                  |   |
| <b>Population Served:</b>  | Children and Older Adults (0-75) in Ventura County   |   |
| <b>Internal Partners:</b>  | Clinical, SUN, Director of Well-Being, and Staff   |   |
| <b>External Partners:</b>  | VCCHIC, Ventura County Behavioral Health, Soroptimist of Simi Valley, Moorpark College                             |   |
| <b>Type of Strategy:</b><br>Program/Activity/Tactic/Policy   |  | <b>Lead/Organization</b>  |
| <p><i>Improve mental health access through education, leveraging existing behavioral health resources, building organization-based networks and sharing lessons learned.</i></p> <p><b>Activity 1:</b> Expanding Substance Use Navigators (SUN) to all hospitals within Ventura County.</p> <p><b>Activity 2:</b> Leveraging lessons learned from Medi-Cal integrated behavioral health programs to expand access to behavioral health services.</p> <p><b>Activity 3:</b> Leverage the Community Information Exchange (CIE) as a resource for providers connecting patients in the primary care setting with existing and future community behavioral health support programs and services.</p> |  | VCCHIC Founding Members, Community Memorial Health System, Ventura County Public Health with the Ventura Department of Education, Gold Coast Health Plan and VCCHIC CIE Governance Board Member Organizations as partners   |
| <b>REPORTING: FY 2024</b>  |  |   |
| <b>CHIS ACTIVITIES</b>   | <b>Quantitative Data</b>   | <b>Qualitative Narrative-</b>   |
| <p><i>With the focus of improving mental health/substance use access through education, existing resources and building CBO/HRSN networks, AHSV will work toward the following milestones that will evolve quarterly over the next 3 years.</i></p> <p><b>Data Source:</b> VCCHIC, Director of Well-Being</p> <p><b>Contact:</b> Director of Well-Being</p>  | <p>903 patients</p> <p>400 patients</p> <p>500 Narcan Kits</p> <p>35 students</p> <p>1,000 students</p> <p>n/a</p> | <p><b>Year 2 January 1 – December 31, 2024</b></p> <p>Adventist Health Simi Valley in collaboration with the Ventura County Community Health Improvement Collaborative (VCCHIC) is on track with developing a Community Information Exchange for community members in need.</p> <p>The Substance Use Program (SUN) has become an essential service for the community. The dedicated Navigator works directly with the Emergency Department (ED), Case Management, and Social Work teams to focus on identifying patients through a screening process in the ED, coordinates services including the implementation of Medication-Assisted Treatment (MAT), Narcan, and transitional patient long-term care.</p> <p>The SUN program provided services for approximately 400 patients entering a treatment center with a 50% success rate.</p> <p>The Substance Use Navigator participated in community education and awareness events including the Simi Valley Spring and Fall Street Fair, Cops 'N Cruisers, National Night Out, Moorpark College Health Fair, New Beginnings Fentanyl Awareness event, and Live at 5 in the 805 Radio and 99.1 The Ranch radio interviews at the Farmers Market. Collateral materials and free Narcan Kits were made available to the community.</p> <p>The SUN and AHSV Registered Nurse conducted presentations to students on the topics of oncology and substance use disorders.</p> <p>The Emergency Department participated in the annual Every 15 Minutes program. A two-day mock style event focuses on high school juniors and seniors emphasizing the impacts of drinking, driving, mental health, personal safety, and the responsibility of making mature decisions. A 13-minute YouTube video was created by students and is shown at the school assembly.</p> <p>AHSV sponsored the Free Clinic of Simi Valley annual 5K/10K where funds raised help support individuals experiencing depression, suicide, and other mental health issues.</p> |



**Adventist Health Simi Valley in the NEWS:**



SUN Program  
Brochure ALL pages.



SV Acorn 032424 - As  
realistic as it gets Eve

[Every 15 Minutes 2024](#)

|  |   |  |  |
|--|---|--|--|
| GOAL   | Address some of the social determinants of health (SDOH) that contribute to chronic conditions and inhibit healthy lifestyles in Ventura County |  |  |
| Strategy:  | Promote an environment conducive to both physical exercise and increased access to healthy foods  |  |  |
| Population Served:   | All age, race and ethnic groups in Ventura County   |  |  |
| Internal Partners:   | Director of Well-Being, Community Engagement Manager (Athletic Trainer), Executive Assistant, Clinical, Staff                                   |  |  |
| External Partners:   | VCCHIC, Body Brain Train, Kiwanis of Simi Valley, City of Simi Valley, Simi Valley Chamber of Commerce, Simi Valley Women’s Club                |  |  |
| Type of Strategy:<br>Program/Activity/Tactic/Policy  |   | Lead/Organization  |  |
| Identify policies and programs, evaluated through a health equity lens, which promote healthy behaviors and increase access to physical activities and healthy foods in Ventura County.<br><b>Activity 1:</b> Increase access to healthy foods by connecting community members to available resources.<br><b>Activity 2:</b> Promote physical activity as a key component of a healthy lifestyle.<br><b>Activity 3:</b> Facilitate coordination of hospital and health system cancer prevention programs.<br><b>Activity 4:</b> Coordinate referrals for strategic programs and promote events via the Community Information Exchange (CIE). |   | VCCHIC Founding Members with CIE Governance Board, Ventura County Public Health, Gold Coast Health Plan, Camarillo Health Care District, Community Memorial Health System, |  |
| REPORTING: FY 2024   |   |  |  |
| CHIS ACTIVITIES  | Quantitative Data   | Qualitative Narrative-   |  |

|  |                        |  |
|--|------------------------|--|
| <p><i>With an equitable lens and in partnership with VCCHIC, AHSV will work to identify policies and programs focused on healthy behaviors, access to physical activities and healthy foods, and connect residents to HRSN in Ventura County by working toward the following milestones that will evolve quarterly over the next 3 years.</i></p> <p>Advocate, Identify, Engage, Collaborate, Develop Framework, Create Program, Launch</p> <p>Activity 1:</p> <ul style="list-style-type: none"> <li>• Leverage existing data to identify produce providers and philanthropy partners in and around communities at highest risk for food insecurity.</li> <li>• Locate a Farmer's Market with free produce in the neighborhood.</li> </ul> <p><b>Data Source: AHSV, VCCHIC Governance Board</b><br/> <b>Contact: Director of Well-Being, VCCHIC Board Chair</b></p> | <p>7,000 attendees</p> | <p><b>Year 2 January 1 – December 31, 2024</b></p> <p>In collaboration with VCCHIC, Adventist Health Simi Valley (AHSV) continues to identify programs and services focused on healthy behaviors, access to physical activities and healthy foods. AHSV is deeply rooted in the community and participates in several community events annually supporting physical activity, outreach and education, guest speaker series, training and collaboration with organizations who are involved in servicing our vulnerable populations, along with advocacy for better health.</p> <p>In 2024, Adventist Health Simi Valley's Farmers Market opened to the community and AHSV associates on March 5, where individuals have access to purchase fresh fruits, vegetables, honey, nuts, and more from certified local vendors. The Farmers Market participates in the CalFresh EBT program to support community members experiencing food insecurities and the convenience of purchasing healthier food options at a local farmers market.</p> <p>The Farmers Market offered monthly themed activities to promote well-being and healthy food options, lifestyles included activities, games, prizes, and giveaways.</p> <ul style="list-style-type: none"> <li>• <u>July</u>: Healthy Food Demonstration: Charcuterie Board with "fixin's" from produce vendors</li> <li>• <u>Aug</u>: Healthy Food Demonstration; hydration and cooling recipes, Simi Valley Library Story Time and Crafts</li> <li>• <u>Sept</u>: Get Smart About AFib Awareness booth; Simi Valley Library Story Time and Crafts, City of Simi Valley Bicycle Master Plan Update, and 99.1 The Ranch live broadcast promoting health and wellness.</li> <li>• <u>Oct</u>: Women's Health and Breast Cancer Awareness Month – guessing jar game, spin the wheel to win socks, lip balm, pink drawstring bags, Be Coins and compact mirror; Women's Health inspired basket of goodies; stickers, bracelets, and pink plush pumpkins giveaways. COPE Health Scholars had a booth promoting their program.</li> <li>• <u>Nov</u>: Men's Health and Awareness: Enter to Win a Men's Travel Bag &amp; accessories, spin the wheel to win deodorant, socks, chap stick, shaving cream and snacks. Talk with a Doc; Dr. Westbrook interacted with the community and discussed men's health and weight management.</li> <li>• <u>Nov</u>: Mission &amp; Spiritual's booth offered well-being support services.</li> </ul> |
|--|------------------------|--|



|  |                         |  |
|--|-------------------------|--|
| <p><i>With an equitable lens and in partnership with VCCHIC, AHSV will work to identify policies and programs focused on healthy behaviors, access to physical activities and healthy foods, and connect residents to HRSN in Ventura County by working toward the following milestones that will evolve quarterly over the next 3 years.</i></p> <p>Advocate, Identify, Engage, Collaborate, Develop Framework, Create Program, Launch</p> <p>Activity 1:<br/> <ul style="list-style-type: none"> <li>• Leverage existing data to identify produce providers and philanthropy partners in and around communities at highest risk for food insecurity.</li> <li>• Locate a Farmer's Market with free produce in the neighborhood.</li> </ul> </p> <p><b>Data Source: AHSV, VCCHIC Governance Board</b><br/> <b>Contact: Director of Well-Being, VCCHIC Board Chair</b></p> | 1,200 students          | <p><b>Other events in 2024 included:</b></p> <p>AHSV partnered with the Simi Valley High School PTA and sponsored the annual Junior Olympics event. Student athletes in 4<sup>th</sup>, 5<sup>th</sup>, and 6<sup>th</sup> grade compete and test their skills among their peers in several Olympic style events.</p>  |
|  | 350 athletes            | <p>The Puka Nacua Youth Football Camp is a high-energy, fun, and positive camp experience for boys and girls in 1<sup>st</sup> through 8<sup>th</sup> grade where athletes learn and engage with Puka Nacua, NFL Rams wide receiver and other experienced coaches through a variety of activities, including best safety practices, lectures, fundamental skill stations, contests and non-contact games.</p>  |
|  | 4,000 community members | <p>AHSV sponsored the Rotary Club of Simi Sunrise Happy Face Music Festival, Simi Valley Chamber of Commerce Spring and Fall Street Fair, Simi Valley Girls Softball League, American Cancer Society, and the Kiwanis of Simi Valley 4<sup>th</sup> of July Celebration Kidz Fun Zone areas for youth and families. The Kidz Zone provides the community to interact and participate in a free active play environment to socialize, increase physical movement and build friendships for a purpose of health, wholeness, and well-being.</p>                          |
|  | 30 athletic trainers    | <p>In partnership with Moorpark College, AHSV hosted the annual Athletic Training Symposium for 30 athletic trainers earning CEU credits. Four (4) speaker presentations included topics related to exertional heat illness, rehabilitation for patella femoral pain, and dislocations and reductions of upper and lower extremity joints.</p>   |
|  | 116 EKG Screenings      | <p>A free EKG screening event was held at Moorpark College for athletes ages 12 – 35 to proactively screen for any cardiac abnormalities. As a result, six (6) individuals were detected with potential abnormalities, and each received an echocardiogram and consultation with an AHSV cardiologist.</p>   |
|  | 500 attendees           | <p>Wellness Expo – AHSV sponsored and participated in the annual one-day community event aimed at bringing health and wellness information, free services, and resources to the 50+ population. AHSV provided 70 free blood pressure and 50 BMR screenings, physician guest speaker and general wellness information including heart health, stroke, robotic surgery geriatric, hospice, and resistance band work workshops.</p>   |
|  | 300 senior athletes     | <p>Senior Community Games – AHSV partnership with the Rancho Simi Recreation and Park District Senior Community Games offered more than 300 seniors to participate in 25 different Olympic style events that promotes health activity, socialization, and mental health well-being.</p>  |
|  | 50 students             | <p>AHSV Athletic Training Program – AHSV hosted a one-day Suture Lab + Mixer class where students received an up-close lesson in suturing techniques at a local high school. With precision and patience, students learned three different types of sutures, explaining each step with clarity and expertise. At the end, students reflected on the invaluable lessons with newfound confidence in their knowledge.</p>  |
|  | 35 students             | <p>CPR Saves Event: Emergency Department recognized a Simi Valley community member for saving the life of her brother during a cardiac arrest event.</p>   |
|  | 700 attendees           | <p>AHSV collaborated with the 13 Souls Memorial 5K/10K/Half Marathon event by participating in the event with an education and awareness booth focusing on healthy lifestyle and encouraging movement and activity. Engaged conversations with community members included heart health, hands-only CPR, 25 blood pressure screenings, medication difference awareness, service line specialties, and easy work-out programs that included resistance band giveaways. This event pays tribute to 13 Marines who perished in a suicide attack in Kabul, Afghanistan.</p> |
|  | 700 attendees           | <p>AHSV participated in the Simi Valley Explorers' annual event Cops 'N Cruisers that helps raise awareness and much needed funds for the Police Explorer program. AHSV staff hosted an educational booth that included Narcan awareness and training, Hands Only CPR training, Heart Health Education and Stroke Education. 57 Narcan kits were distributed to community members.</p>   |
|  | 2,000 attendees         | <p>National Night Out is a nation-wide and community event hosted by Simi Valley Police Department. AHSV hosted an informational booth offering information on topics such as health education, primary care services, substance use education, and more. A strong emphasis is made on creating a safe environment for families, including anti-drug and anti-violence programs for Simi Valley youth, crime prevention tips, resources for families and mental health services. Naloxone distribution (25 kits) was distributed.</p>                                  |
|  | 50/women/girls          | <p>AHSV donated 50 pink drawstring bags, chap sticks, and hot/cold packs to be included in "feminine kits" for low-income women and teens dealing with period poverty for a member of the Royal High School student's Citizen Service Institute project through the Ronald Reagan Foundation.</p>  |

|  |                              |   |
|--|------------------------------|---|
| <p><i>With an equitable lens and in partnership with VCCHIC, AHSV will work to identify policies and programs focused on healthy behaviors, access to physical activities and healthy foods, and connect residents to HRSN in Ventura County by working toward the following milestones that will evolve quarterly over the next 3 years.</i></p> <p>Advocate, Identify, Engage, Collaborate, Develop Framework, Create Program, Launch</p> <p>Activity 1:</p> <ul style="list-style-type: none"> <li>• Leverage existing data to identify produce providers and philanthropy partners in and around communities at highest risk for food insecurity.</li> <li>• Locate a Farmer's Market with free produce in the neighborhood.</li> </ul> <p><b>Data Source: AHSV, VCCHIC Governance Board Contact: Director of Well-Being, VCCHIC Board Chair</b></p> | 600 students                 | A grant was awarded to the Simi Valley Education Foundation where 15 teachers from the Simi Valley Unified School District received funds to promote creative teaching approaches to expand and improve classroom, grade level or department academic environment to provide students with enhanced learning experiences including healthy activities and other health-related programs.  |
|  | 29 families                  | AHSV sponsored the annual Turkey Drive and where Thanksgiving meals were given to families experiencing food insecurity through a local food bank.  |
|  | 250 youth athletes           | AHSV sponsored the annual Simi Valley Girls Softball League's opening ceremonies Kids Fun Zone to promote health activities.  |
|  | 25 attendees                 | <p><b>Community Health Education Programs and Activities in 2024</b></p> <ul style="list-style-type: none"> <li>• Human Trafficking 101 training for community leaders presented by two (2) AHSV RN's.</li> <li>• AHSV RN presented an Oncology 101 to Moorpark College nursing students.</li> <li>• "Learn How Nutrition Can Help You Strengthen Bones" presented by Registered Dietician at the Simi Valley Senior Center.</li> <li>• "Breast Cancer Awareness and Women's Health" presentation by Dr. Kerl at the Soroptimist of Simi Valley's monthly business luncheon.</li> <li>• "Red Ribbon Week" Say no to drugs presentation by AHSV's RN for Park View Elementary students.</li> <li>• "Heal Your Gut Heal Your Body" presentation by Registered Dietician for Simi Valley Chamber of Commerce monthly luncheon series.</li> </ul> |
|  | 35 students                  |   |
|  | 45 attendees                 |   |
|  | 26 guests                    |   |
|  | 321 students<br>16 attendees |   |

|   |  |  |
|---|--|--|
| <p>Activity 2: Identify community-based programs and resources including green spaces, community centers and recreational clubs (walking, biking, running, sport, etc.) providing access to physical activities at low or no cost.</p> <p><b>Data Source:</b> AHSV<br/><b>Contact:</b> Director of Community Well-Being</p> |  | Activities included in above section.  |
| <p>Activity 3: Brand VCCHIC health education materials for partner and community-based organizations to support cancer prevention activities.</p> <p><b>Data Source:</b> VCCHIC<br/><b>Contact:</b> TBD</p>   |  | Creation of booklets and distribution at community events throughout the year. |
| <p>Activity 4: Assess and categorize available community resources.</p> <p><b>Data Source:</b> VCCHIC, AHSV<br/><b>Contact:</b> Director of Community Well-Being</p>  |  | Ongoing with collaboration of our community partners.                          |

## Adventist Health Simi Valley in the NEWS:

### Stories and Links

- [Locals Love LA Rams' Puka Nacua and His Football Camp](#)
- [Wellness Expo Energizes Simi Valley with Health and Vitality](#)
- [AHSV Co-Hosts Athletic Training Symposium at Moorpark College](#)
- [Farmers Market - Opening Day Success!](#)
- [Student Athletes Get Free Heart Screenings from AHSV and Saving Hearts](#)
- [https://adventisthealthwest-my.sharepoint.com/personal/hemenwl\\_ah\\_org/\\_layouts/15/viewer.aspx?sourcedoc={2577bd43-0dbf-42db-b78d-8c2cf8fdc672}](https://adventisthealthwest-my.sharepoint.com/personal/hemenwl_ah_org/_layouts/15/viewer.aspx?sourcedoc={2577bd43-0dbf-42db-b78d-8c2cf8fdc672})
- <https://adventisthealthwest.sharepoint.com/sites/AHSV-News/SitePages/Bystander-CPR-Saves-Lives-%E2%80%93-Recognition-Given-to-Bystanders,-AHSV-and-Other-First-Responders.aspx>



MPK Acorn 022424 - Farmers Market ad.p



SV Acorn 032424 - Cheers to good health



SV Acorn 051124 - Farmers Market ad.pd



Health Inspired - Farmers Market Fresh



SV Acorn 021024 - The beat of life.pdf



VC Star 020524 - SV woman saved brother



The Acorn 052424 - Agoura kids appreciate



MPK Acorn 030224 - Prevention begins h



SV Acorn 040624 - Poliakin Dr of Year &



MPK Acorn 042424 - Award shines light



SV Acorn 042724 - Bringing people an



The Acorn 052424 - SV Acorn 110824 - Agoura kids appreciate Farmers Market Ad.





Adventist Health Simi Valley ADDRESSING HIGH PRIORITY: ADVANCING EQUITABLE ACCESS TO CARE

|   |  |   |
|---|--|---|
| GOAL  | Expand access to preventative care services to reduce the need for emergency visits in Ventura County  |   |
| Strategy:   | Develop and implement health equity conscious policies and programs to expand preventative care service availability and accessibility in Ventura County   |   |
| Population Served:  | Underserved populations including low-income, immigrant, migrant, refugee, LGBTQIA+, Latinx and Black/African American   |   |
| Internal Partners:  | Director of Community Well-Being, Clinical, SUN  |   |
| External Partners:  | VCCHIC partner organizations, Westminster Free Clinic, Soaring Spirits, Simi Valley Chamber of Commerce, For the Need Foundation, Simi Valley Police Department  |   |
| Type of Strategy:<br>Program/Activity/Tactic/Policy   | Lead/Organization  |   |
| Implement policies and programs aimed at expanding and promoting access to culturally appropriate preventative care services among underserved populations in Ventura County.<br><b>Activity 1:</b> Develop a collaborative Population Health Management (PHM) strategy as the framework for CalAIM implementation (high-level, data-driven, risk-stratified strategy for intended populations across the collaborative.<br><b>Activity 2:</b> Ensure Community Information Exchange (CIE) is integrated with Ventura County Health System electronic health records (EHR). | VCCHIC Founding Members, CIE Governance Board, Gold Coast Health Plan, First5 Ventura County, Westminster Clinic, Dignity Health, Ventura County Diversity Equity and Inclusion (DEI) program, and Communities Lifting Communities as partners |   |
| REPORTING: FY 2024  |  |   |
| CHIS ACTIVITIES   | Quantitative Data  | Qualitative Narrative-  |
| Advocate, Identify, Engage, Collaborate, Develop Framework, Create Program, Launch<br>Activity 1: Develop a PHM strategy aimed at enhancing access to primary care and prenatal/postnatal care services<br><b>Data Source:</b> VCCIE<br><b>Contact:</b> Director of Community Well-Being  | 250 attendees  | <p>In 2024, Adventist Health Simi Valley (AHSV) worked to implement policies and programs aimed at expanding and promoting access to culturally appropriate preventative care services among underserved populations in Ventura County through building relationships, forming coalitions, and engaging with new partnerships in order to improve access to care.</p> <p>AHSV is a founding member of the Ventura County Community Health Improvement Collaborative (VCCHIC). VCCHIC and Communities Lifting Communities (CLC) is in 2-year of a collaboration agreement to develop a sustainable structure of the VCCHIC members and community partnerships for the long-term implementation of population health strategies from the 2022 CHNA &amp; CHIS. CLC serves as the backbone organization of a collective impact partnership with hospitals, local health department, community clinics, Medi-Cal Managed Care plan and Community Benefit Organizations (CBO).</p> <p>In late 2024, the VCCIE Committee completed the framework of the Ventura County-wide Communication Information System (CIE). AHSV continues its participation on the Steering Committee and Governance Board and continues to collaborate with external partners (VCCHIC/VCCIE) to engage community-based organizations to join the CIE.</p> <p>AHSV continues to collaborate with CLC through the VCCHIC to begin the framework of developing the three-year cycle of the 2025 Community Health Needs Assessment (CHNA) through a community-wide effort of focus groups, paper and online surveys, and virtual listening partner sessions.</p> <p>AHSV partnered with 99.1 The Ranch and hosted a community health fair to kick start 2024 with health and wellness offerings. AHSV conducted two workshops focusing on Stop the Bleed and Hands-Only CPR, AHEAD genetic testing, BMI/BMR screenings, blood pressure screenings, dietary services, Substance Use Navigator Education.</p> |

|   |                      |   |
|---|----------------------|---|
| <p>Advocate, Identify, Engage, Collaborate, Develop Framework, Create Program, Launch</p> <p>Activity 1: Develop a PHM strategy aimed at enhancing access to primary care and prenatal/postnatal care services</p> <p><b>Data Source:</b> VCCIE</p> <p><b>Contact:</b> Director of Community Well-Being</p> | 12 patients          | AHSV partnered with the National Health Foundation to assist with recuperative care services for individuals experiencing homelessness after being discharged from the hospital.  |
|   | 100 college students | <p>Approximately 100 college students visited the AHSV booth at the Moorpark College Fair to learn about healthy food options and easy to make recipes from AHSV's dietician and the Substance Use Navigator (SUN) interactions included opioid education and awareness including distribution of 25 Narcan kits.</p> <p>Community investment is a significant role at AHSV whereas building and strengthening relationships provides support of local non-profit organizations to better improve the health and wellness of the Simi Valley and Moorpark community.</p> <ul style="list-style-type: none"> <li>• Rotary Club of Simi Sunset Johnna's Tea supports cancer patients.</li> <li>• Rotary Club of Simi Sunrise Happy Face Music Festival – youth program to support scholarships and bikes for kids</li> <li>• Soroptimist of Simi Valley supporting women and girls with access to training, education and empowerment</li> <li>• Boys &amp; Girls Club of Moorpark &amp; Simi Valley supporting youth community in a positive, safe, and healthy, fun and educational environment.</li> <li>• Kiwanis of Simi Valley – fun active play event</li> <li>• Moorpark Rotary – youth programs</li> <li>• Forever Found – human trafficking program</li> <li>• America Cancer Society</li> <li>• Simi Valley Police Foundation</li> </ul>   |
|   | 40,000 attendees     | Simi Valley Street Fair – The Simi Valley Street Fair is held in May and October of each year and is the largest attended annual community event. AHSV's outreach and education booths engaged community members by providing general resources and services related to athletic training, robotic surgery, heart health, stroke, substance use disorder (SUN) awareness, blood pressure screenings, oncology, urology, and primary care services.  |
|   | 550 student athletes | <p>AHSV's Athletic Training Program held a sports physical event where two AHSV physicians volunteered to conduct sports physicals to Simi Valley High School and Royal High School athletes to ensure athletes are physically ready to play sports.</p> <p><b>Community Health Education</b></p> <p>Developing the framework of collaborative partnerships, representatives from Adventist Health Simi Valley were guest speakers offering field expertise in various subjects for a better healthier and well-being lifestyle.</p>  |
|   | 367 attendees        | <ul style="list-style-type: none"> <li>• Women's Fortnightly, stroke and health awareness presented by AHSV RN (65)</li> <li>• Varenita Senior Living and Laurel Heights "Living Well Through Serious Illness" w/Dr. Dingilian (21)</li> <li>• Simi Valley Senior Center "Join Us for our Urology Lecture" w/Dr. Sanchez &amp; Dr. Gottlieb (35)</li> <li>• Simi Valley Senior Center "Hypertension: Causes, Symptom's, Risks &amp; Management", w/Susana Jimenez, NP (12)</li> <li>• Bank of America "Walk w/a Doc" with Susana Jimenez, NP (20)</li> <li>• Simi Valley Senior Center "Free Seminar on Knee &amp; Hip Replacement" w/Dr. Ryan Quinn (40)</li> <li>• Simi Valley Senior Center "Hospital and Services Updates" w/Business Development Exec (25)</li> <li>• Adventist Health Simi Valley hosted a "Stop the Bleed" course for Rancho Simi Recreation and Park District lifeguards (54)</li> <li>• Simi Valley Senior Center "Supplements and Drug Interactions" w/Pharmacy Director (30)</li> <li>• Rotary Club of Moorpark "Programs, service lines, and Moorpark Urgent Care updates w/president and business development executive (15)</li> <li>• Simi Valley Senior Center "Advances in Robotic Surgeries" w/Dr. Pakula (50)</li> </ul> <p>Through a capacity building relationship, AHSV and Soaring Spirits International Simi Valley collaborated and entered into a one-year MOU Agreement to provide grief support resources for the widowed community including 100 widowed packets, peer support, workshop, mentoring, and training.</p> |
|   | 132 clients          | In 2023, Westminster Free Clinic Grant (WFC) and AHSV entered into a 3-year agreement beginning January 1, 2024, to support the Corazones Sanos "Healthy Hearts" Program. WFC helps to advance the health and   |



- <https://youtu.be/GikjcyQ-RP4?si=681YskrcdhpcMRBs>
- <https://www.foxla.com/news/shannen-doherty-documented-her-breast-cancer-battle-lets-be-clear-podcast>
- [Farmers Market – Movember Winner!](#)
- [Dr. Westbrook and Count Me In Contest – Movember at Farmers Market](#)
- [Farmers Market – Lenette Saez, Winner of Random Gift Basket Drawing](#)



MPK Acorn 070624 - SV Acorn 072024 - MPK Acorn 100524 - SV Acorn 100524 -  
30th Anniversary NR Now in its 30th year Hospital celebrates Hospital celebrates

# Significant Identified Health Needs

The High Priority Needs are the focus of the community health implementation strategy and this accompanying Community Health Plan Update, FY 2024.

Although we address aspects of the fifteen identified areas through our service lines and community outreach, we have chosen to apply targeted funding and efforts to our top three areas. The purpose of not targeting additional areas are due to a combination of factors that include capacity, expertise and the way these concerns can be addressed by other agencies and organization.



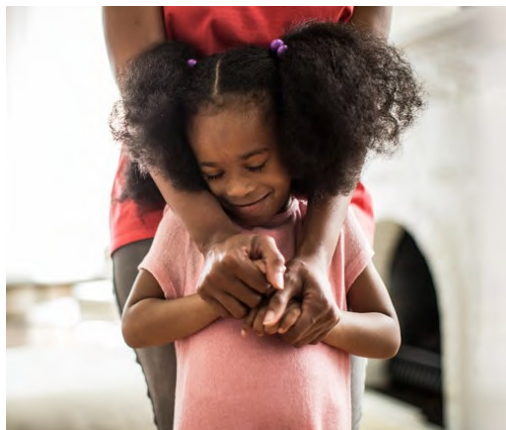
| High Priority Needs  |
|--|
| Mental Health (alcohol & drug use)   |
| Health Conditions by promoting healthy lifestyles (diabetes/respiratory diseases/heart disease and stroke/weight status/cancer)  |
| Access to Care   |
| Lower Priority Needs that will not be addressed directly by Adventist Health Simi Valley due to limited resources, expertise and feasibility of viable interventions but are |
| Adolescent Health  |
| Nutrition and Healthy Eating   |
| COVID-19   |
| Housing  |
| Physical Activity  |
| Education  |
| Older Adults   |



## Community Health Financial Assistance for Medically Necessary Care Commitment

Adventist Health understands that community members may experience barriers in paying for the care they need. That is why we are committed to providing financial assistance to those who may need support in paying their medical expense(s).

Community members can find out if they qualify for financial aid in paying medical bills by completing a financial assistance application. Applications can be filled out at the time care is received or after the bill has been administered. To access the financial assistance policy for more information or contact a financial assistant counselor, please visit us at: [Adventist Health - Help Paying Your Bill](#).



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Thank you for reviewing our Community Health Plan Update, FY 2024.  
We are proud to serve our local community and are committed to making it a healthier place for all.  
To provide feedback on this community benefit report or other reports referenced, please email [community.benefit@ah.org](mailto:community.benefit@ah.org). You may also request a copy free of charge.